

DOCTORS CARE FOR PEOPLE - BUT WHO CARES FOR THE DOCTORS?



I'm Sharee Johnson, Registered Psychologist, ICF-Accredited Executive Coach, and Mindfulness Teacher. As principal of **Coaching for Doctors**, I work exclusively with doctors, helping them to take better care of themselves and their patients.

Our proactive programs help doctors to:

- Perform at their peak
- Lead others effectively
- Deal skilfully with workplace challenges
- Maintain optimal health and wellbeing
- Relate better with colleagues and patients
- Reconnect with their purpose & feel more fulfilled
- Live a more balanced life
- Avoid burnout

Doctor Immersion Program

Our unique flagship program brings together small groups of doctors for a 10-month learning journey consisting of **1:1 coaching, workshops and retreats**.

Instead of just "surviving" at work, doctors leave better equipped to care for themselves and their patients and feel more fulfilled and balanced in work and life.

Registrations for our next program open on 1 September 2019. Call NOW for a free consultation to find out more.

Coaching for Doctors

Coaching is a collaborative, reflective process that enables growth and development. Through building the skills of mindfulness, compassion and awareness, doctors feel empowered and supported to deliver the best possible patient care, coupled with improved self-care, greater purpose and connection, and enhanced leadership and people skills.

Coaching is available:

1:1, for groups or practices, online and via workshops.

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