Flourish Coaching Contract

This documentation details the basic processes and protocols underpinning coaching services offered by Coaching for Doctors. By registering for coaching with Coaching for Doctors you are agreeing to the terms and conditions outlined here and on the Coaching for Doctors website. (https://www.coachingfordoctors.net.au/terms-and-conditions/)

Your coach is Sharee Johnson, Registered Psychologist and International Coaching Federation credentialed (PCC).

Coaching relies on a collaborative alliance between coach and coachee. Coaching is a solution-focused, results orientated and systematic process, in which the coach facilitates the enhancement of work performance, self-directed learning and personal and professional growth of the coachee/client.

Throughout the working relationship, the coach will engage in direct, personal and often challenging conversations. The coachee understands that successful coaching requires an active, collaborative approach between themselves as coachee and their coach. The coach acts in the role of a facilitator of change *- it is the coachee's responsibility to enact change.*

Coaching is not therapy and thus does not aim to treat psychological problems. The client agrees to disclose details of past or present psychological or psychiatric treatment. If such issues become salient during the coaching relationship, the coach may recommend referral to an appropriate and qualified specialist.

Coaching is most effective when:

- You are ready to work at creating change with genuine and serious intent, including trying new things
- You are ready to receive, accept and act on feedback
- You are honest and forthright in our discussions
- You are willing to explore, challenge and change self-defeating patterns
- You will raise, and frankly discuss, any issues that relate to the goals we are working on
- You will complete any between sessions action learning tasks (homework)
- You inform your coach promptly if the coaching is not working for you

Coaching Goals	What are your coaching goals that are currently known to you: 1. 2. 3. Goals will likely be clarified and new ones might emerge during coaching. These goals are the starting point, a reason to commence coaching.
Roles and Expectations	As Coach, Sharee's role is to facilitate open, safe and confidential thinking and reflecting space. It is the Coachee's responsibility to bring forward issues, ideas, challenges to review and reflect upon, implementing the agreed actions in order to achieve their coaching goals.
Cancellation policy	For any session cancelled by the client within 48 hours of the scheduled coaching session this session will be forfeited. Sharee will make every endeavour to reschedule if more than 48 hours notice is given. Unless there are exceptional circumstances, Sharee will give a minimum of 48 hours notice if she needs to reschedule a session. Coaching for Doctors reserve the right to terminate coaching in circumstances where the Coachee is not abiding by this agreement.
Confidentiality	All information about the coach/client relationship and any written notes will remain confidential and held securely by your coach, except in rare circumstances where decreed by law.
Ethics	Sharee will work within the Ethical Codes of the Australian Health Practitioners Registration Authority, the Australian Psychological Society and the International Coaching Federation.
Consent for ICF log	In order for Sharee to continue her accreditation with the International Coaching Federation she is required to keep a log of all coaching provided. This log includes the Coachee's name and contact information (phone and email address). By participating in coaching with Sharee you are also consenting to these details being included in Sharee's record (log).
Communication	You agree to using Zoom and WhatsApp communication platforms to communicate with your coach and the administrative staff of Coaching for Doctors as part of this agreement
Agreement	Registering for coaching indicates that you understand and agree with this contract